



OCCUPATIONAL  
HEALTH SERVICES



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## OCCUPATIONAL HEALTH AT STOCKPORT NHS FOUNDATION TRUST

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**T**he Occupational Health Service is part of Stockport NHS Foundation Trust. The Trust serves the residents of Stockport, the High Peak and beyond. We are an associate teaching hospital, helping to train doctors and nurses of the future.

Occupational health is the branch of healthcare that is concerned with the relationship between people's health and their work. As an NHS Provider we are proficient at supporting industries both public and private and firmly believe in the personal contact. An individual's health may affect the type of work that is being undertaken, or there may be factors in the workplace that people with certain health problems should avoid. We provide independent, impartial advice and look to support employee health and wellbeing to optimise performance and attendance at work.

As part of the NHS Foundation Trust, we consider the social value aspects of supporting and promoting our local community and the environment through better spending of public money.

## OUR VALUES

Our values are at the heart of everything we do and come from our 'Your Health. Our Priority' promise. Every day, they drive the behavior and actions for everyone who works for us, ensuring good care for others.

### We care about

Each other  
Our patients and their families  
The communities we serve  
The environment

### We respect

Each other  
Our patients and their families  
Our partners

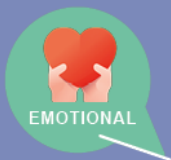
### We listen to

Each other  
Our patients and their families  
Our partners

We support them and deliver on our promises

We are kind and helpful, and we expect the same in return

We act and learn from what we hear



Making a  
**DIFFERENCE**  
every day

## WHO ARE WE?

“SPECIALISTS IN OCCUPATIONAL MEDICINE WITH A PROVEN TRACK RECORD IN PROVIDING HIGH QUALITY, EFFICIENT OCCUPATIONAL HEALTH SERVICES TO A WIDE CUSTOMER BASE.”

We are a consultant led Occupational Health service provider with over 30 years proven ability. Our multi-disciplinary team has a wealth of experience and expertise across a wide range of services. We are proud to have achieved SEQOHS accreditation. This national award is the recognised standard for best practice in our business and sets us apart as a **Safe Effective Quality Occupational Health Service**. We offer a wide range of occupational health services that can be customised to meet specific customer requirements either on or off site. Income generated from commercial contracts supports Stockport NHS Foundation Trust and all profit is reinvested in the provision of patient services and care.



## HOW CAN STOCKPORT OCCUPATIONAL HEALTH SERVICES SUPPORT YOUR BUSINESS?

We know fit, healthy and inspired employees are the key to any successfully managed business and we can provide you with the services needed to achieve this. We can help you protect your organisation and your employee's health by ensuring you are complying with Health & Safety legislation and effectively managing any health issues in your workplace.

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RESEARCH SHOWS THAT GETTING  
BACK TO WORK NOT ONLY IMPROVES  
PEOPLE'S SELF-ESTEEM BUT AIDS  
RECOVERY AND REHABILITATION.

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By promoting occupational health and wellbeing you will be safeguarding the physical, mental and social wellbeing of the staff in your organisation.

We are able to provide you with a full range of Occupational Health services.

#### PRE-EMPLOYMENT SCREENING

- Initial assessment of health questionnaire – paper-based assessment
- Further assessment of health questionnaire – telephone consultation, health interview (further exploration of health condition and possible workplace adjustments)
- Night worker assessment
- Driver medical assessment
- Forklift truck assessment
- Working at height assessment
- Confined space assessment
- PCV and HGV licence application

#### MANAGEMENT REFERRAL FOR OCCUPATIONAL HEALTH CLINICAL OPINION

- Short and long term sickness absence
- Fitness to attend disciplinary proceedings
- Phased return / workplace adjustments
- Equality Act (Disability Discrimination) assessment
- Ill health retirement
- Workplace stress
- Workplace assessment – we can advise you on managing health related risks concerning pregnancy, computer/display screen equipment (DSE) and manual handling

## OUR SERVICES





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## HEALTH SURVEILLANCE PROGRAMMES

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### BASELINE AND REVIEW ASSESSMENTS

- Noise – hearing tests / Respiratory – lung function testing / Skin inspections / Hand arm vibration screening / Vision – eye tests / Solvent
- Musculoskeletal assessments
- Confined space assessment
- Working at height assessment
- Night worker assessment
- Driver assessment
- Forklift Truck Driver assessment
- Display Screen Equipment (DSE) assessment
- Food handler's assessment

### COSHH / HSE REGULATIONS

- Blood Lead medicals – Control of Lead at Work Regulations
- Ionising Radiation medicals – Ionising Radiation Regulations
- Asbestos screening – Control of Asbestos at Work Regulations
- Health surveillance to comply with COSHH







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## IMMUNISATION PROGRAMMES

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WE OFFER A RANGE OF VACCINATION AND BLOOD TESTING PROGRAMMES FOR EMPLOYEES WORKING IN ENVIRONMENTS WHICH REQUIRE PROTECTION FROM ACQUIRING OR PASSING ON INFECTION.

### TRAVEL HEALTH ADVICE AND VACCINATIONS

Many travel related infectious diseases are preventable by immunisation. It is important that travellers receive their immunisations at least 6-8 weeks prior to travel, especially if there is a complicated travel itinerary. Some types of malaria prophylaxis are also recommended to be taken prior to and following a return from travel abroad.

Our Occupational Health team have expert knowledge of travel vaccination requirements and can provide individuals with health advice including disease prevention and steps that can be taken to reduce risk.



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## HEALTH AND WELLBEING ADVICE

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We can provide a range of health screening programmes to fit with your business to cover all or some of the following:

- Blood pressure
- Weight and BMI
- Diet & exercise
- Smoking cessation
- Alcohol and substance misuse
- Managing stress

## MENTAL HEALTH

We can provide guidance to managers and offer support to employees where mental health in the workplace is a concern. We have trained counsellors available to discuss personal and work-related issues.



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## PHYSIOTHERAPY

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We have access to physiotherapy services which cover injury assessment and rehabilitation treatment.



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## WORKPLACE VISITS

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We offer advice on the provision of safe and healthy conditions and promote the compliance with health & safety legislation. Our service includes display screen equipment assessments and simple ergonomic workstation assessments to ensure employees feel physically comfortable enough to perform at their best, as well as tests and recommendations to ensure working conditions will be suitable for someone returning to work following injury or illness.

MANY OF THE MEDICAL ASSESSMENTS AND HEALTH SURVEILLANCE PROGRAMMES CAN BE CARRIED OUT AT YOUR WORKPLACE WHICH IS MORE CONVENIENT FOR YOUR STAFF AS IT SAVES THEM HAVING TO TRAVEL TO OUR MAIN BASE IN STOCKPORT.



## USING TECHNOLOGY TO REVOLUTIONISE SERVICE DELIVERY

MODERN TECHNOLOGY SUPPORTS OUR ABILITY TO DELIVER A COMPREHENSIVE OCCUPATIONAL HEALTH SERVICE. WE HAVE AN INNOVATIVE, FLEXIBLE WEB BASED OCCUPATIONAL HEALTH SYSTEM THAT PROVIDES IMPROVED PROCESSES AND EFFICIENCIES FOR OUR CUSTOMERS.

The system provides a complete solution to data management, appointment booking notification and management reporting in line with Key Performance Indicators. We also provide an appointment reminder service by text to a mobile or voicemail to a landline 3 working days prior to the appointment to act as a prompt, this has reduced our 'Did Not Attend' rate and avoids wasted appointment slots which may be chargeable. We have a dedicated website with 'Member Only' access to online forms and guidance information.

Our IT system has the ability to support a web-based portal which will allow service users to submit pre-employment questionnaires and management referrals directly into our Occupational Health system, providing the following benefits:

- Allows new starters to complete their Health Questionnaires online.
- OH to clear them more quickly by minimising data input and allowing significant automation to the processes.
- Provide on-line reporting access for clearance outcomes to Recruitment teams.
- Allow managers to submit management referrals online using their secure credentials
- Managers & HR key personnel can track progress to see when an appointment has been made, if the appointment was then attended and read the management report when released.

## THE OCCUPATIONAL HEALTH MANAGEMENT TEAM



CONSULTANT /  
DIRECTOR OF  
OCCUPATIONAL  
HEALTH



CLINICAL  
NURSE  
MANAGER



BUSINESS  
MANAGER



SERVICE  
DEVELOPMENT  
& SYSTEM  
MANAGER

## CONTACT US



DEPARTMENT OF OCCUPATIONAL HEALTH  
Stockport NHS Foundation Trust, Stepping Hill  
Hospital, Poplar Grove, Stockport SK2 7JE

### WHEN ARE WE OPEN?

Monday to Friday 08.30am – 16.30pm

### HOW DO YOU CONTACT US?

To discuss any aspect of our services please  
call or email our Business Manager:

Direct Dial: 0161 419 5482

Reception: 0161 419 5491

Email: [OHmanager@stockport.nhs.uk](mailto:OHmanager@stockport.nhs.uk)

Web: [www.stockportoccupationalhealth.co.uk](http://www.stockportoccupationalhealth.co.uk)



**Stockport**  
NHS Foundation Trust

DEPARTMENT OF OCCUPATIONAL HEALTH  
Stockport NHS Foundation Trust, Stepping Hill Hospital,  
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